

STRETCHER CARRY DEMONSTRATING TEAM SPEED, SKILL & BASIC FIRST AID KNOWLEDGE

PROCEDURE

1. A Team shall consist of Four Cadets. (and an optional victim if a Rescue Dummy is not available)
2. The event requires that a team of four Cadets, pick up a stokes stretcher and run 150 feet passing the stretcher and all four Cadets through an obstacle to pick up a patient. Upon arrival at the "patient" they will be told which limb to splint. The splinting will be done with Cadet's Belts. Patient will be placed in stretcher and carried back to starting line passing the stretcher and Cadets through the obstacle in route.
3. Each team will be asked only one first aid question which may be posed to any Cadet the Judge wishes or to the whole team.
4. The "Patient" will be a 125# Rescue Dummy if available.
5. Cadets must be in uniform during this event. **Belts must be regulation cotton web, buckled and passed through all belt loops on their pants.**

Medical Questions that can be asked:

1. What are the ABC's of trauma resuscitation? **Airway, Breathing, Circulation**
2. What is the initial treatment for bleeding? **Apply pressure to the site.**
3. Why should the head, neck and shoulders be moved as a unit? **To avoid injury to the spinal cord in case the patient's neck is broken.**
4. How do you treat a patient in shock? **Elevate their feet and cover them with a blanket.**
5. How do you treat a patient who has a bloody nose? **Apply pressure by pinching the nose together between your thumb and index finger and have them lean forward.**
6. How do you treat swelling? **Apply ice and elevate the involved area.**

JUDGING

1. One run only is allowed, and time starts when team is set in motion and stops when all four Team members have returned back through the window to the starting position.
2. During this time penalties for rough handling shall also be applied.
3. Actual Time plus any five second penalties assessed shall be final time.

SCORING

Event is scored for time, and five second penalties are assessed as follows:

- Stepping over or on the patient.
- Rough Handling of the patient.
- Poor support of the patient while loading into the stretcher.
- Loose Straps (5 seconds each).
- Incorrect answer to first aid Medical Question.
- Incorrect placement of the splint or belt retaining straps.

Shortest Final Time shall be highest placing.

EQUIPMENT

1. Stokes Stretcher with three attach straps
2. "Window" device – see enclosed drawings
3. One Arm and One Leg Splints
4. One "Oskar" 125# Dummy
5. One Pylon
6. One Stopwatch
7. First Aid Quiz and pencils
8. Clipboards, score sheets and pens
9. Chalk to mark distance